



IX Reunión Científica GEIO 2024 Osteomielitis

Grupo de Estudio de Infecciones Osteoarticulares

14 de marzo 2024



MESA 1: OSTEOMIELITIS DE HUESO LARGO

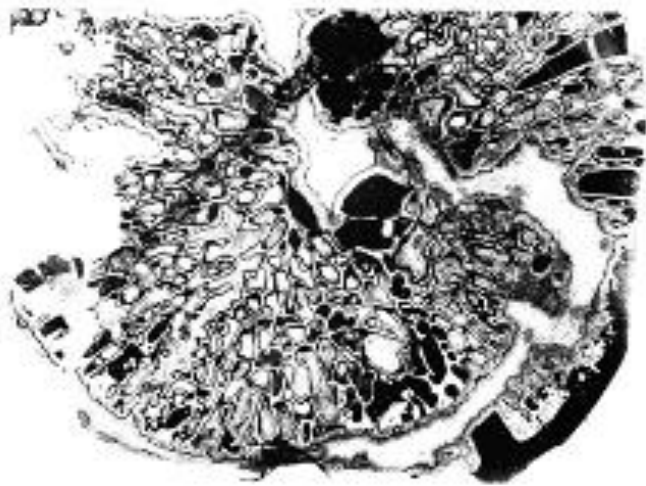
ESTADO ACTUAL EN EL MANEJO DE LA

OSTEOMIELITIS CRÓNICA DE HUESO LARGO EN

ADULTOS



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Unidad Clínica de Enfermedades Infecciosas, Microbiología y Parasitología
Hospital Universitario Virgen del Rocío. Sevilla



Moodie RL. An introduction to the ancient evidences of disease. Illinois: University of Illinois Press, 1923:243-82.

Agenda

Revisión histórica

Patogénesis

Clasificación

Herramientas diagnósticas

Antibioterapia

sistémica/**local**

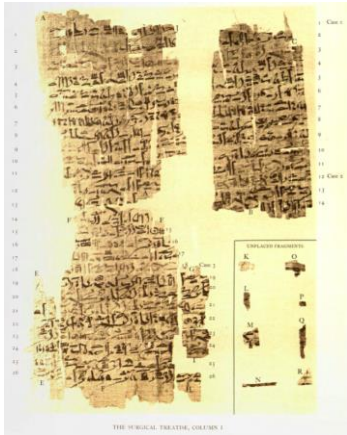
IX Reunión C
GEIO 20

Grupo de Estudio c

14 de marzo 2024

ASPECTOS HISTÓRICOS

THE EDWIN SMITH SURGICAL PAPYRUS



Enfriamiento de los huesos (Albukasis; 936-1013)

Corrupción de los huesos (Avicena; 980-1037)

Abscessus in medulla (Bromfield; 1773)

Necrosis ósea (Gross; 1830)

Carbunco del hueso (Pasteur; 1860)

Osteomielitis (Nélaton; 1844)

Breasted JH. *The Edwin Smith Surgical papyrus*. Chicago: The University of Chicago Press; 1930.

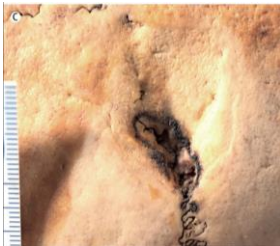
Nelaton A. *Recherches Sur L'affection tuberculeuse des os*. Thesis, Paris Faculty, 1836.

Manejo médico histórico de la

osteomielitis



**Antisépticos
(ácido carbólico)**
Lister, 1867



Bacteriófagos
D'Herelle, Albee,
Paterson 1930



Sulfonamidas
1935, Domagk

*Penicillin, Miracle Drug,
Soon Out In Patent Forms;
But Best See Doctor First*

1940

Streptomycin, 1944
Bacitracin, 1945
Tetracyclines, 1948
Erythromycin, 1953
Synthetic penicillins, 1957
Cephalosporins, 1957
Quinolones, 1962

Terapia antibiótica
combinada

sis elevadas en CEC

Antibioterapia local

Uso de anticoagulantes

Gammaglobulina

Manejo quirúrgico histórico de la osteomielitis



A horizontal timeline arrow pointing to the right, with three vertical lines extending downwards from it. The first vertical line is connected to a light green rounded rectangle containing the text 'Erradicación del hueso necrótico' and 'Avicena, siglo IX'. The second and third vertical lines are not connected to any text.

Erradicación del hueso necrótico

Avicena, siglo IX

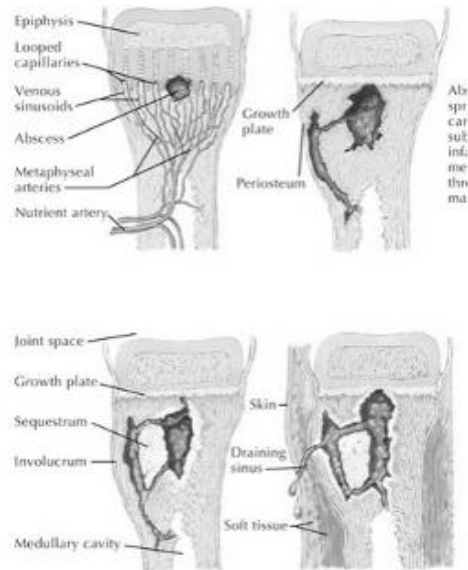
The background of the slide is a microscopic image of bone tissue, likely stained with hematoxylin and eosin (H&E). It shows various bone structures, including trabeculae and a large, irregularly shaped area that appears to be a cyst or a large lesion, possibly representing a sequestrum or an abscess cavity. The overall color palette is light blue and white, with some darker blue areas. A dark blue oval with a black border is positioned on the left side of the slide, containing the title text in white.

PATOGÉNESIS y
CLASIFICACIÓN
de la
osteomielitis crónica

PATOGENÉISIS

Osteomielitis crónica de hueso largo

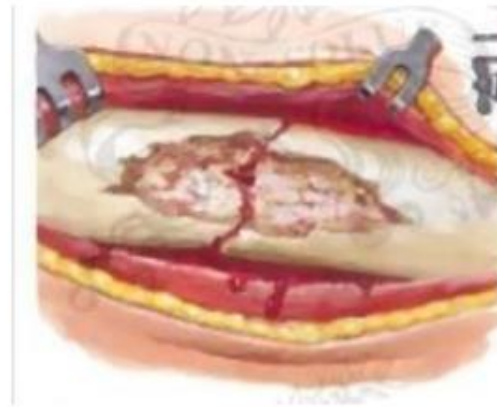
Hematógena



20%

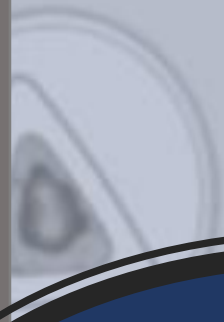
Foco contiguo

(fracturas abiertas, asociada a implantes)



80%

Anatomic type



Stage 3: Localized osteomyelitis

Stage 4: Diffuse osteomyelitis

Physiologic class

Systemic compromise e.g. diabetes, malnutrition, renal failure, immune suppression/deficiency, extremes of age

Local compromise e.g. chronic lymphoedema, venous stasis, peripheral vascular disease, neuropathy, scarring

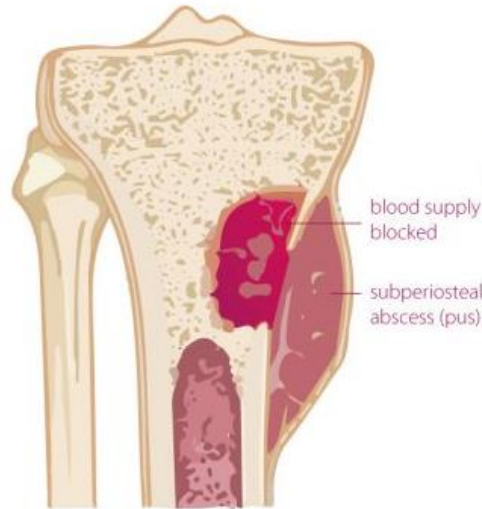
Local & systemic compromise

Treatment worse than disease

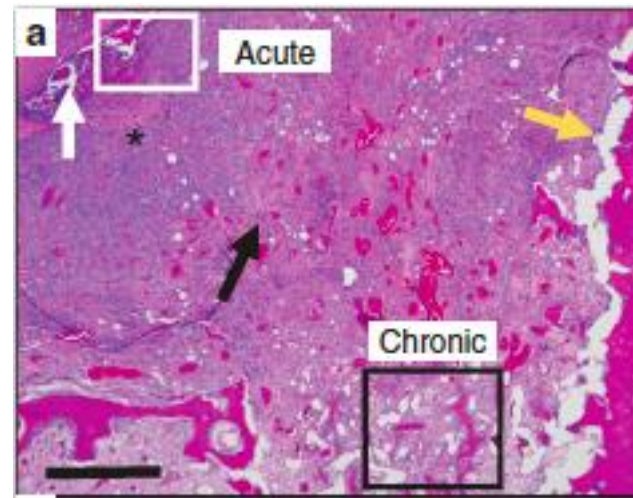
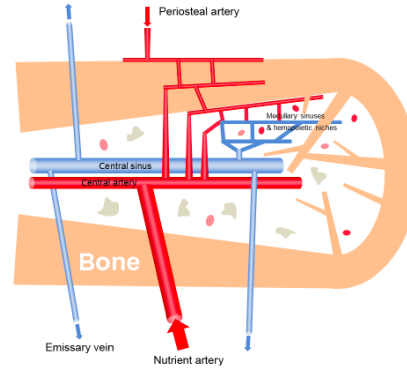
CLASIFICACIÓN de la osteomielitis crónica

CLASIFICACIÓN “TEMPORAL”

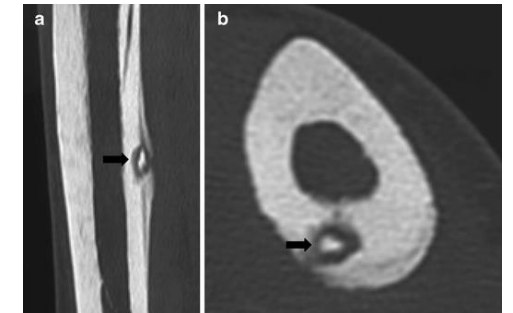
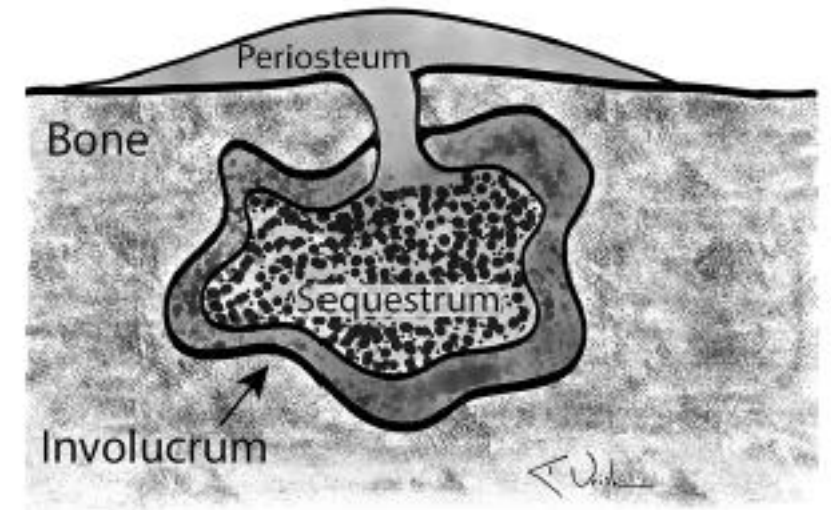
Osteomielitis aguda



<4-6 semanas



Osteomielitis crónica

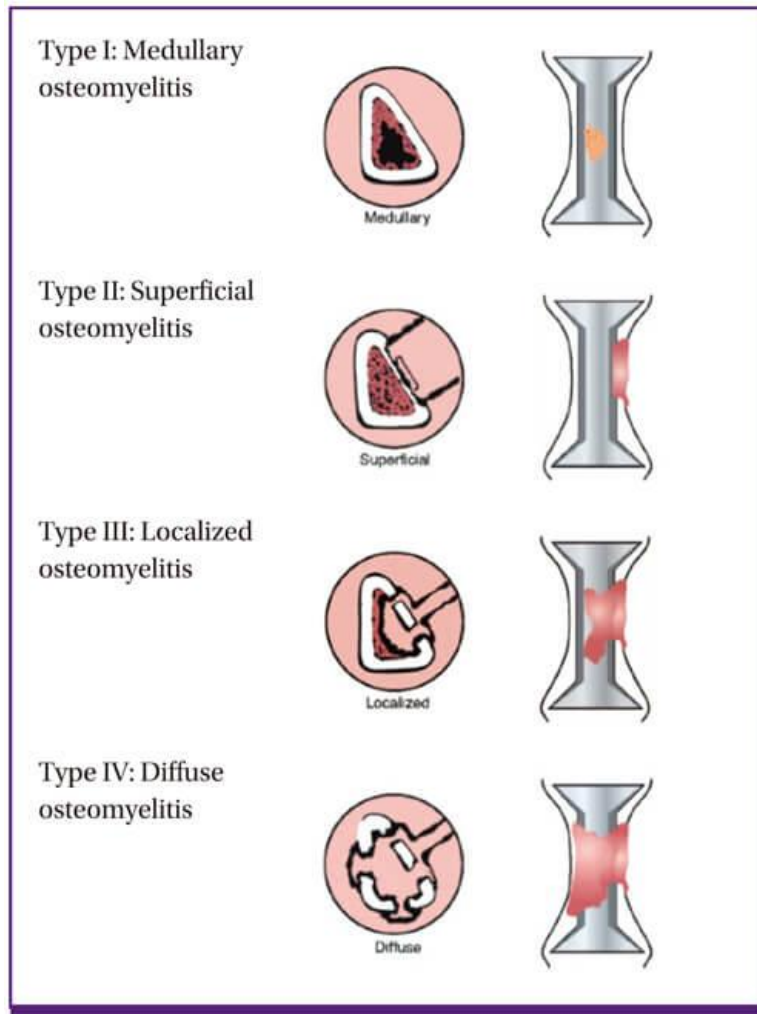


Lazzarini L,. Osteomyelitis in long bones. J Bone Joint Surg Am. 2004 ;86(10):2305-18

Beck-Broichsitter BE,. Current concepts in pathogenesis of acute and chronic osteomyelitis. Curr Opin Infect Dis. 2015 ;28(3):240-5

Brodie, B. C. Pathological researches respecting the diseases of joints. Med Chir. Trans.1813; 4: 210–280.

CLASIFICACIÓN ANATOMO-FISIOLÓGICA (CIERNY-



MADER

Physiological class

A host

B host

C host

Normal host

Systemic compromise (Bs),

local compromise (Bl), or

systemic and local compromise (Bls)

Treatment worse than the disease

Type of compromise

Factors

Systemic (Bs)

Malnutrition
Renal, hepatic failure
Diabetes mellitus
Chronic hypoxia
Immune disease
Malignancy
Extremes of age
Immunosuppression or immune deficiency

Local (Bl)

Chronic lymphedema
Venous stasis
Major-vessel compromise
Arteritis
Extensive scarring
Radiation fibrosis
Small-vessel disease
Neuropathy
Tobacco abuse (≥ 2 packs/d)

CLASIFICACIÓN BACH

	<u>B</u> one Involvement	<u>A</u> ntimicrobial options	<u>C</u> overage by soft tissue	<u>H</u> ost status
Uncomplicated	B₁ Cavitary infection without joint involvement (including cortical, medullary and non-segmental cortico-medullary)	A₁ Unknown / culture negative osteomyelitis	C₁ Direct closure possible: Plastic surgery expertise not required	H₁ Well-controlled disease or Patient is fit and well
		A₁ All isolates: • Sensitive to ≥ 80% of susceptibility tests and resistant to ≤ 3 susceptibility tests		
Complex	B₂ Segmental infection without joint involvement	A₂ Any isolate: • Sensitive to < 80% of all susceptibility tests performed or • Resistant to ≥ 4 susceptibility tests or • Resistant to antibiofilm antibiotics in the presence of an implant	C₂ Direct closure not possible: Plastic surgery expertise required	H₂ Patient with poorly controlled comorbidity or Severe comorbidity (with evidence of end-organ damage) or Recurrent osteomyelitis after previous debridement
	B₃ Any bone infection with associated joint involvement			
Limited options		A₃ Any isolate: • Sensitive to 0 or 1 susceptibility test performed		H₃ Unfit for definitive surgery despite specialist intervention or Patient declines surgery

MICROBIOLOGÍA de la osteomielitis crónica



MICROORGANISMOS

2001-2004
166 pacientes

Cultivo negativo 34%
Polimicrobiano 29%

SAMS 22%

SAMR 10%

ECN16%

Enterobacterales 16%

Anaerobios 9%

Streptococcus spp. 7%

Enterococcus spp 5%

P aeruginosa 5%



Hospital primario
72 (51.1%)¹

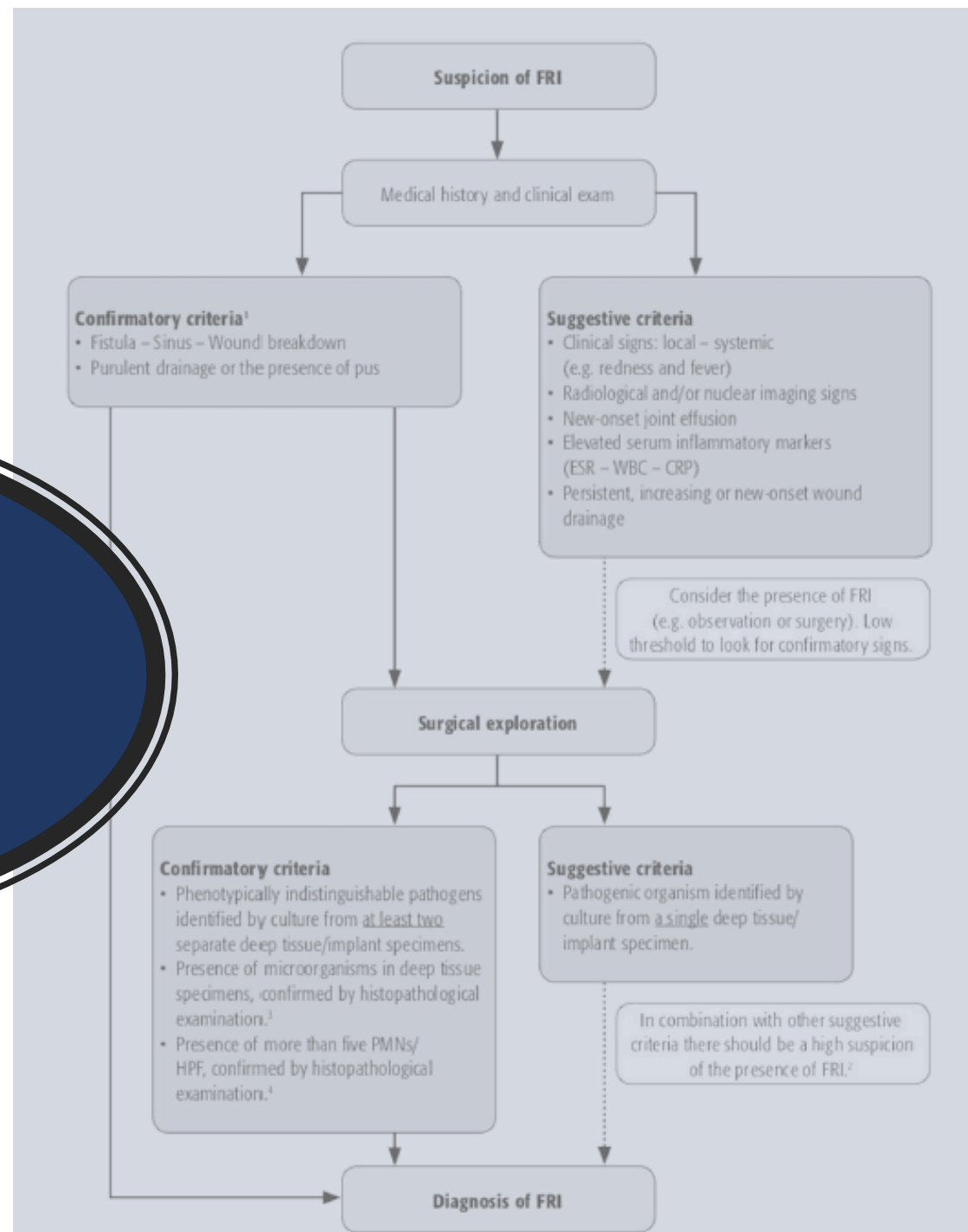
2019-2020
141 pacientes

Cultivo negativo 25%

Growth from Referral Microbiology Samples	Growth Reported from Intra-Operative Sampling	Number
'Complete match'		
Yes	Same as referral microbiology	16 (18.2%)
No	No growth	6 (6.8%)
'Partial match'		
Yes	Same as referral microbiology with additional isolates	8 (9.1%)
'Non-match'		
No	Significant growth	6 (6.8%)
Yes	Isolates not present on referral microbiology samples	52 (59.1%)

1. Torundas (45%), cirugía previa (28%), biopsia (27%), HC (4%)

DIAGNÓSTICO de la osteomielitis crónica



DIAGNÓSTICO DEFINITIVO



Fístula
Drenaje purulento

Exploración quirúrgica
Microorganismo
≥2 muestras separadas

Pruebas de imagen

Histopatología

SOSPECHA CLINICA

Cutibacterium acnes,
Gram-negative bacteria,
Mycobacterium spp.

Aspergillus spp.,
Candida spp.,
Pseudomonas spp.,
Actinomyces spp.

Vertebral infection

Gram-negative bacteria,
C. acnes, *Enterococcus* spp.,
Mycobacterium tuberculosis,
Candida spp., *Brucella* spp.

Haematogenous

Salmonella spp.,
Haemophilus influenzae,
Kingella kingae

Peri-prosthetic infection

Enterococcus spp.,
Pseudomonas aeruginosa,
Escherichia coli

Septic arthritis

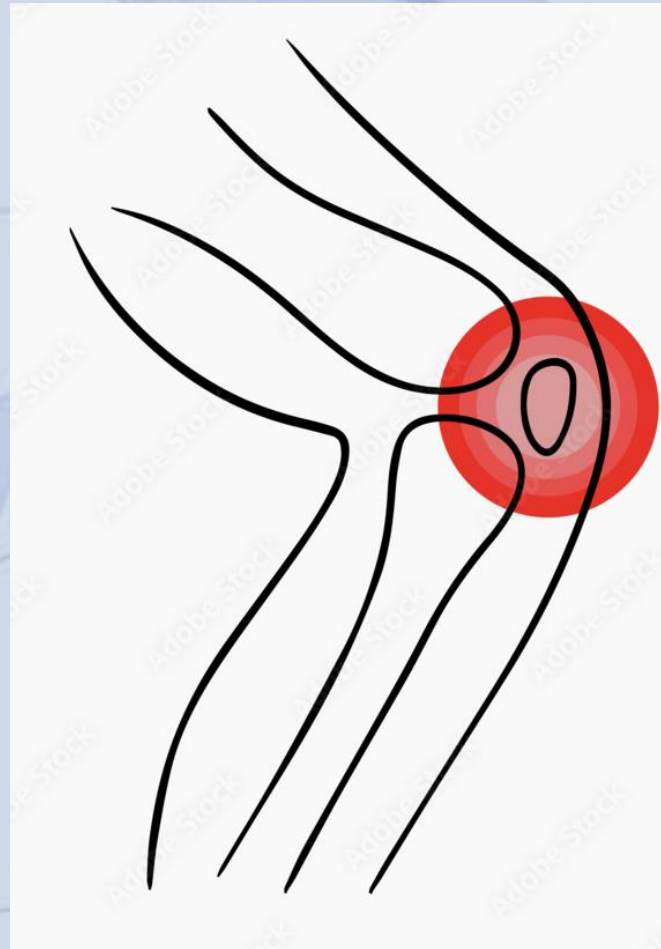
Neisseria gonorrhoeae,
Klebsiella spp.,
Enterobacter spp.,
E. coli

Trauma or fracture related

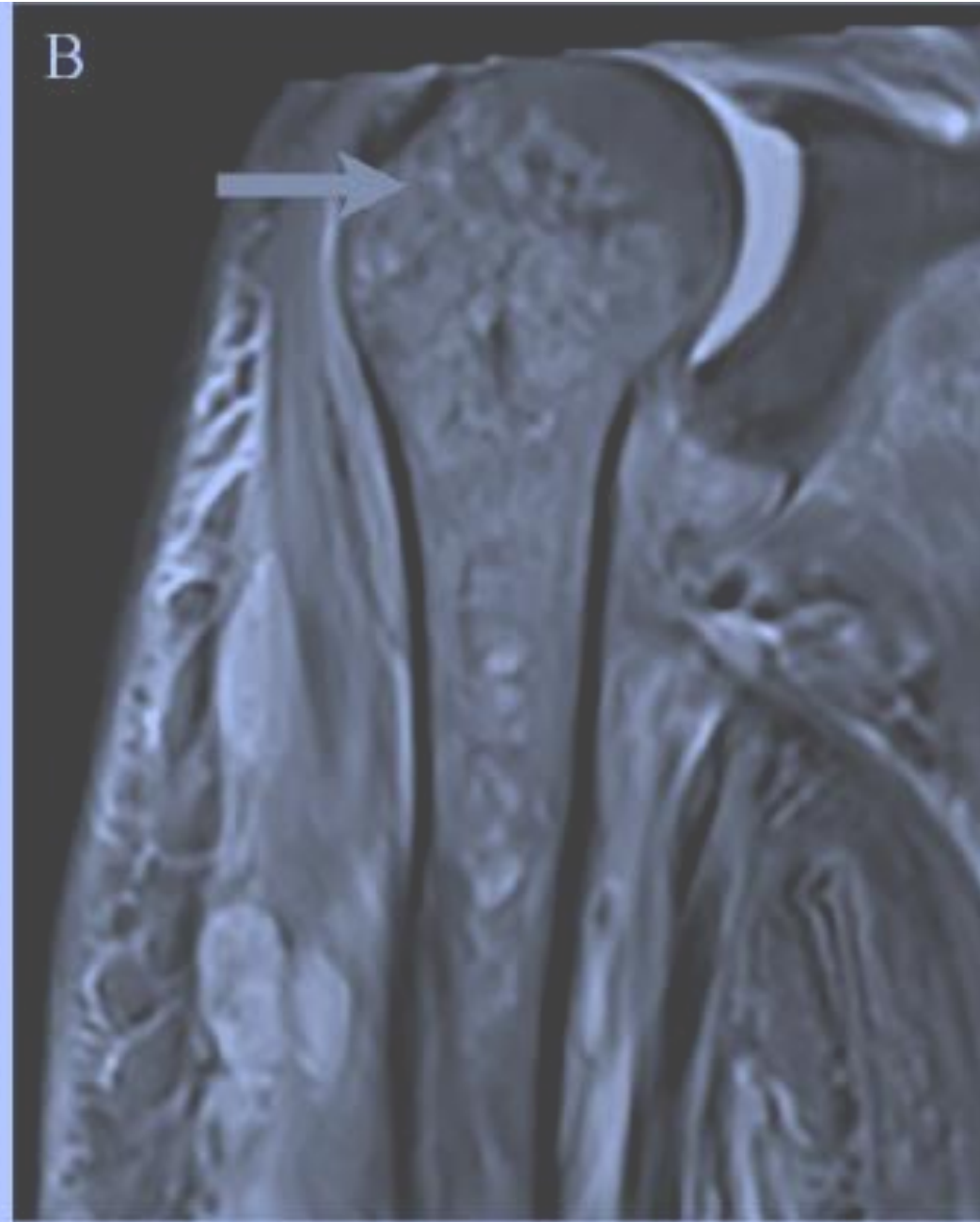
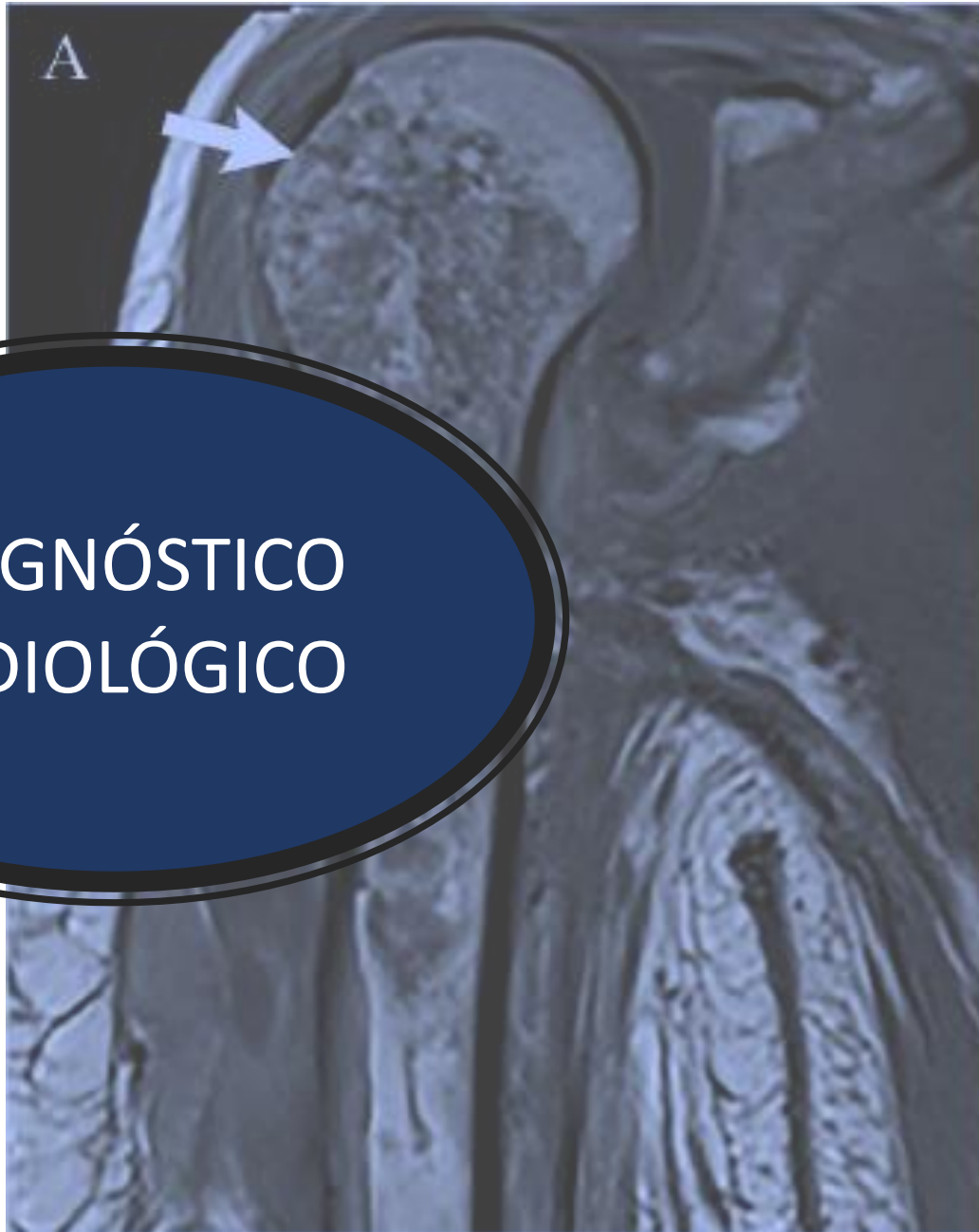
P. aeruginosa,
Acinetobacter baumannii,
Enterobacter spp.,
Enterococcus spp.

Foot osteomyelitis

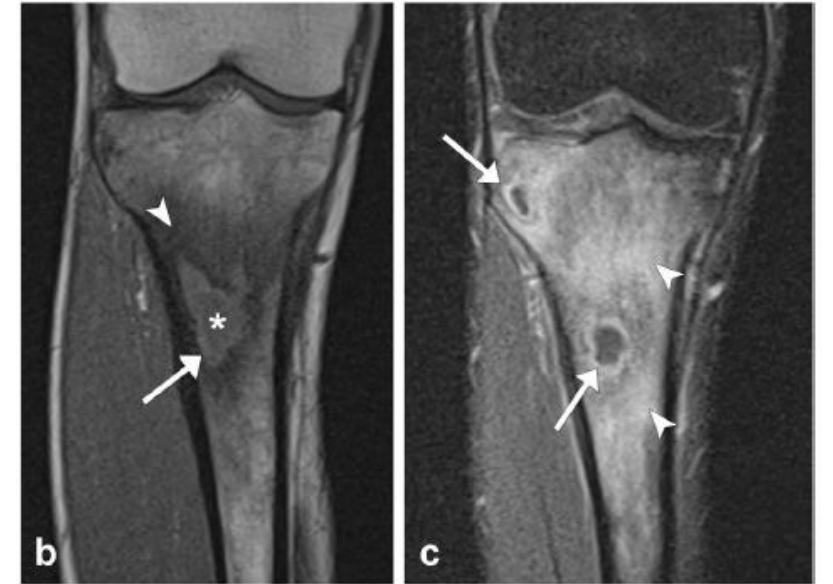
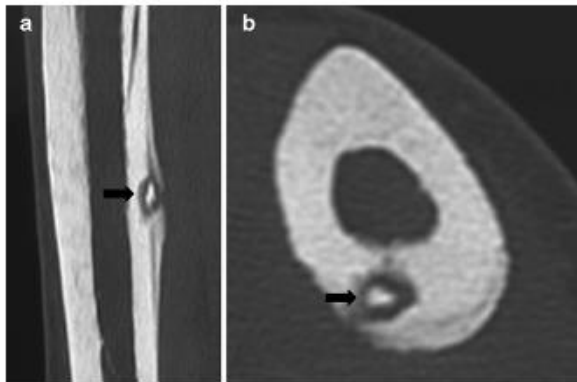
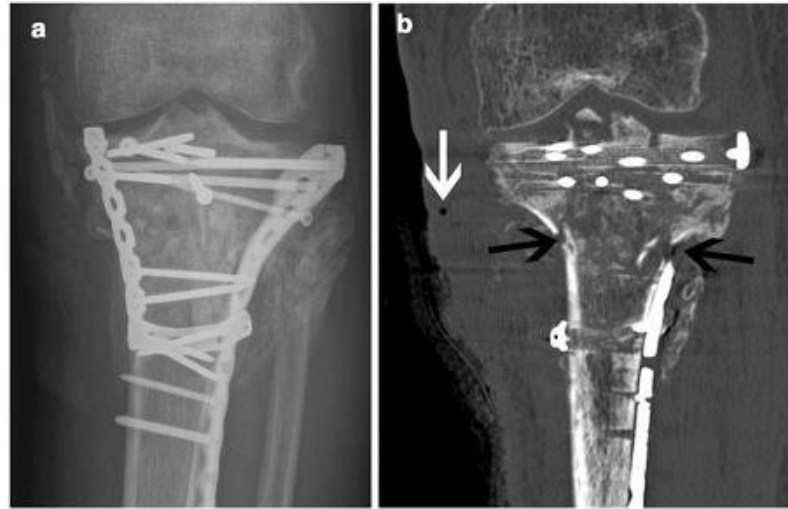
P. aeruginosa,
Gram-negative bacteria,
Proteus spp.



DIAGNÓSTICO
RADIOLÓGICO



RADIOLOGIA



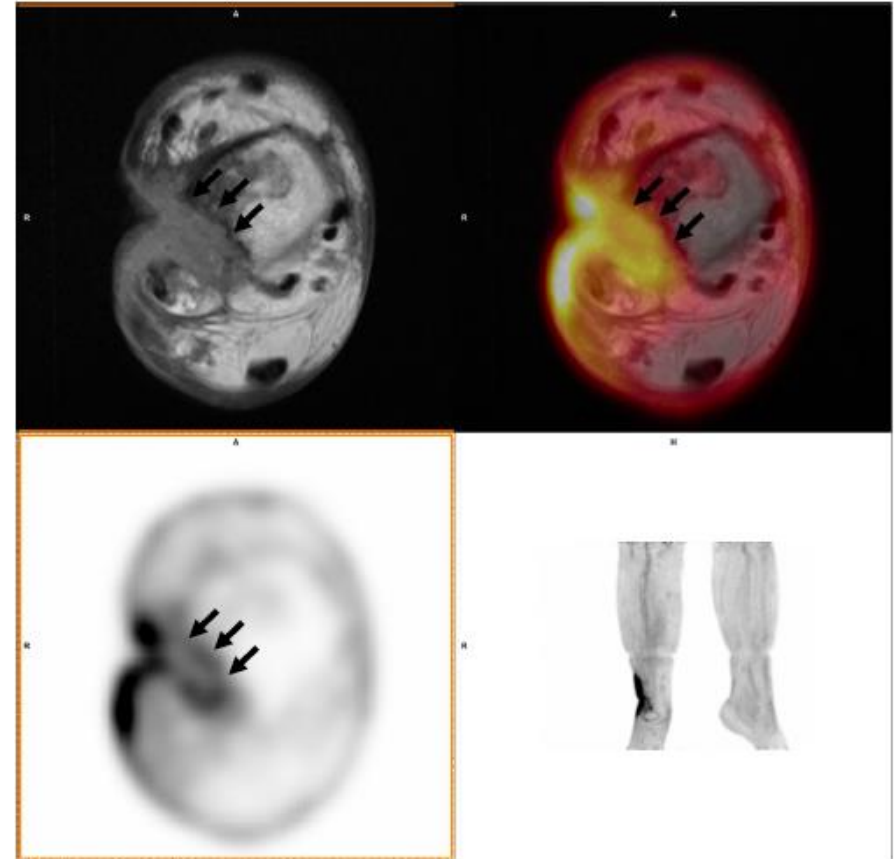
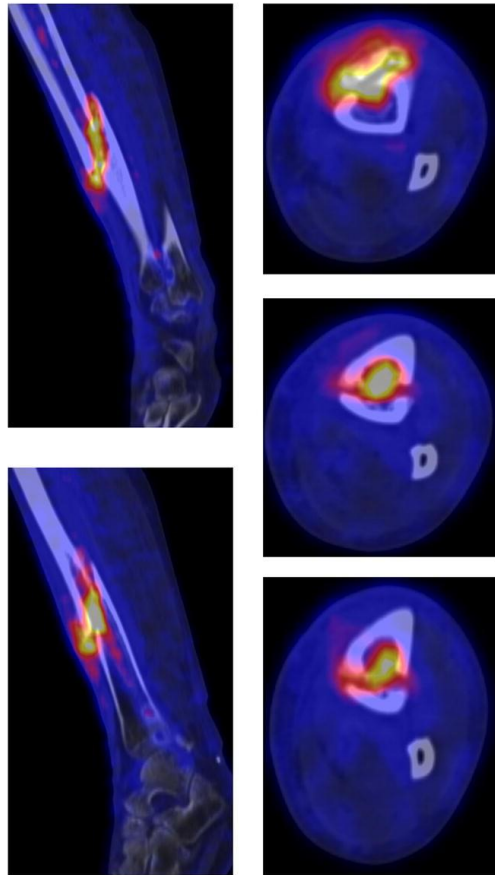
Butt WP. The radiology of infection. Clin Orthop Relat Res. 1973 Oct;(96):20-30

Peel TN. Imaging in osteoarticular infection in adults. Clin Microbiol Infect. 2023; S1198

Crim J. Update on MRI findings of osteomyelitis of long bones in the adult population. Skeletal Radiol. 2022; 51(9):1787-1796

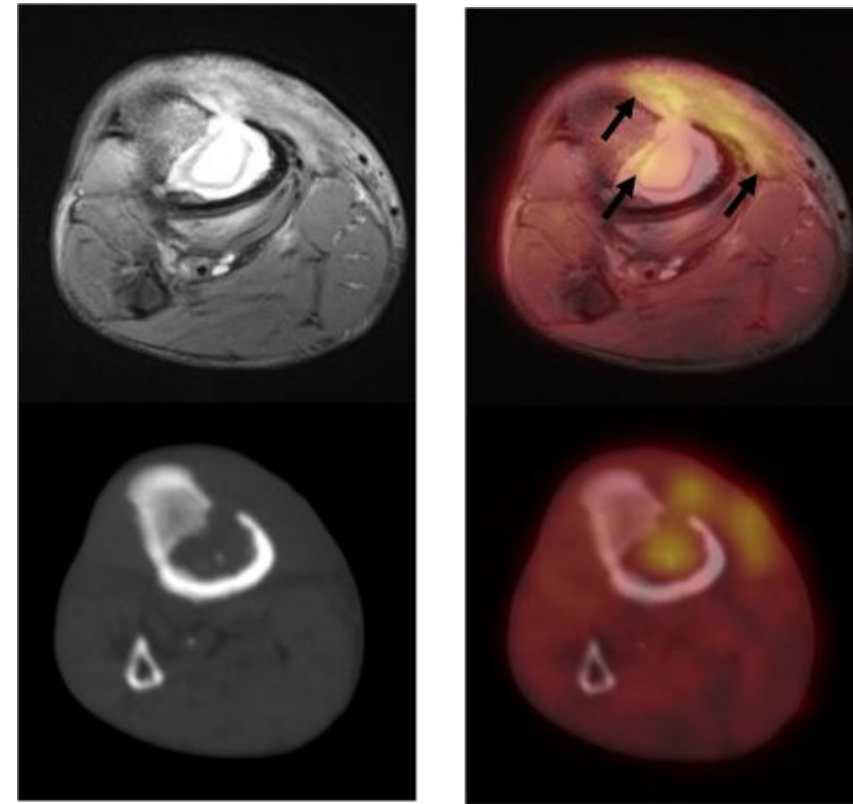
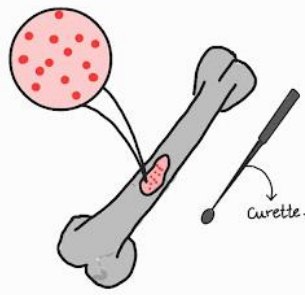
PRUEBAS DE IMAGEN HÍBRIDAS

PET-TAC & PET-RMN



PRUEBAS DE IMAGEN HÍBRIDAS

PLANIFICACIÓN QUIRÚRGICA



The background of the slide features a microscopic view of cells, likely bacteria, in shades of blue and grey. A dark blue oval with a black border is positioned on the left side, containing the title text. The text is white and centered within the oval.

DIAGNÓSTICO
MICROBIOLÓGIC
O

DIAGNÓSTICO MICROBIOLÓGICO

MUESTRAS INTRAOPERATORIAS

Suspender antibioterapia al menos 14 días antes

≥5 muestras



Fragmentos óseos necróticos

Tejidos blandos adyacentes

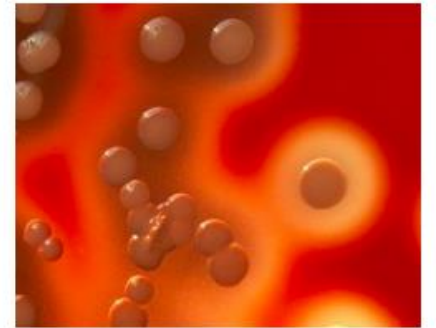
Sitio de fractura

Interfase implante-hueso

Implante (sonicación)

≥2

mismo microorganismo



DIAGNÓSTICO
HISTOPATOLÓGICO

> 5 PMN (400x)

**X10 HPF
X1-2 muestras**

TRATAMIENTO MÉDICO



ANTIBIOTERAPIA SISTÉMICA

REVIEW ARTICLE

Clin Pharmacokinet 2009; 48 (2): 89-124
0312-8963/09/0002-0089/\$49.95/0

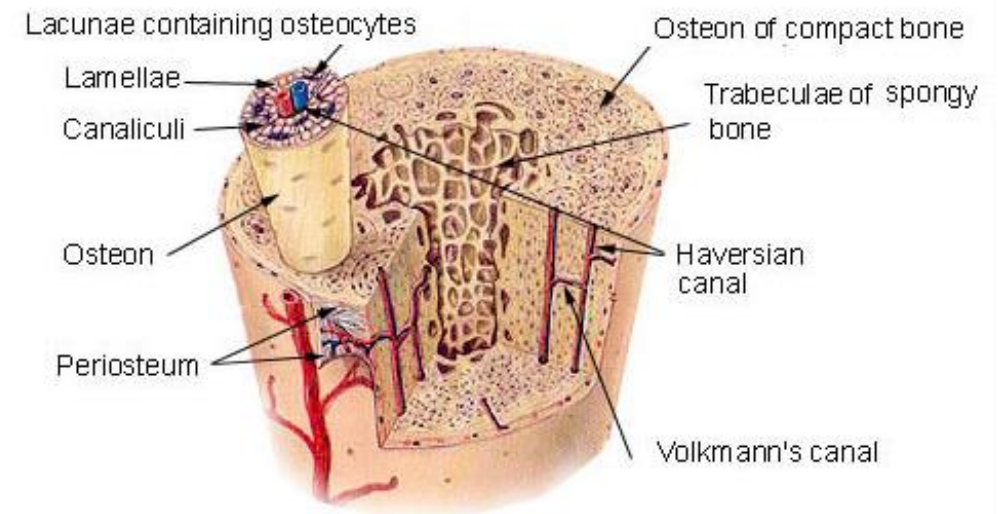
© 2009 Adis Data Information BV. All rights reserved.

Penetration of Antibacterials into Bone

Pharmacokinetic, Pharmacodynamic and Bioanalytical Considerations

Medular>cortical

Difusión ósea ¹		
Buena (>30%) (<15%)	Moderada (15-30%)	Pobre
Fluoroquinolonas Linezolid Doxiciclina Cotrimoxazol Rifampicina	Clindamicina Glicopeptidos Cefalosporinas Fosfomicina Tazobactam Dalbavancina Oritavancina	Penicilina Clavulánico Metronidazol



ANTIBIOTERAPIA SISTÉMICA

Original Contribution

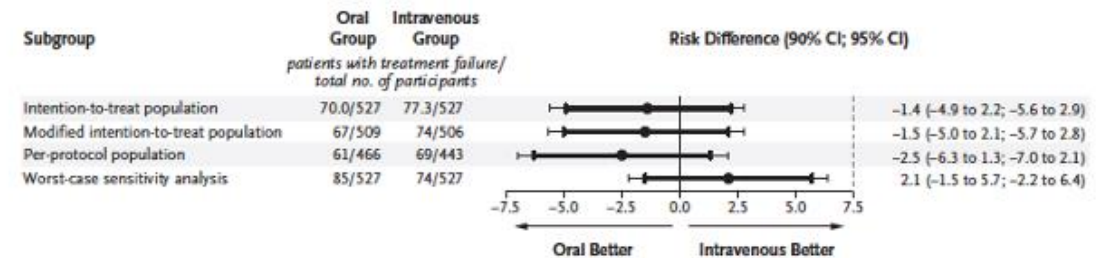
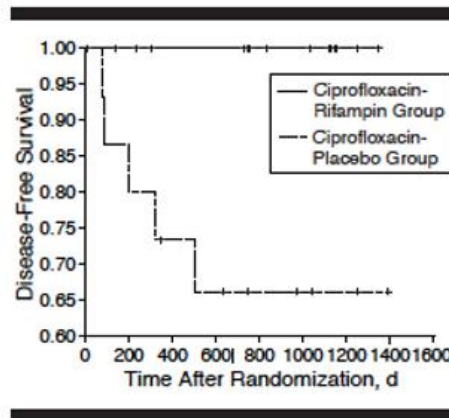
May 20, 1998

Role of Rifampin for Treatment of Orthopedic Implant-Related Staphylococcal Infections A Randomized Controlled Trial

Werner Zimmerli, MD; Andreas F. Widmer, MD, MSc; Marianne Blatter, MD; et al

» Author Affiliations

JAMA. 1998;279(19):1537-1541. doi:10.1001/jama.279.19.1537



ANTIBIOTERAPIA SISTÉMICA

Secuenciación oral precoz (≤ 7 días)

Uso de fármacos con elevada biodisponibilidad y difusión

ósea

(rifampicina, fluoroquinolonas, linezolid, cotrimoxazol, clindamicina, doxiciclina)

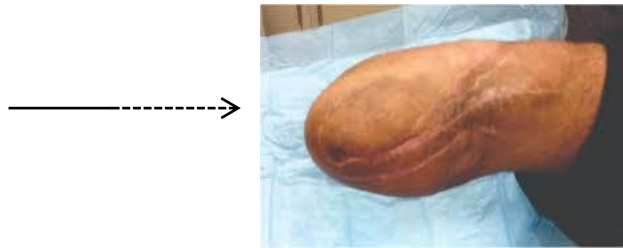
Añadir rifampicina en infecciones estafilocócicas

Priorizar fluoroquinolonas en infecciones por BGN

LGP de acción prolongada (TAS, interacciones...)

DURACIÓN de la ANTIBIOTOTERAPIA SISTÉMICA EN LA OSTEOMIELITIS CRÓNICA

5 días



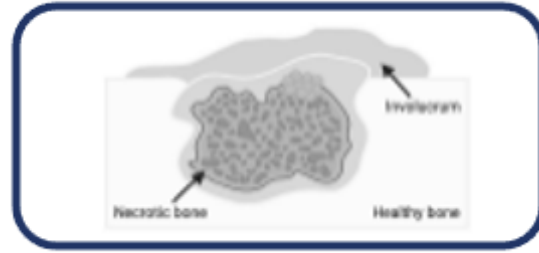
1-6



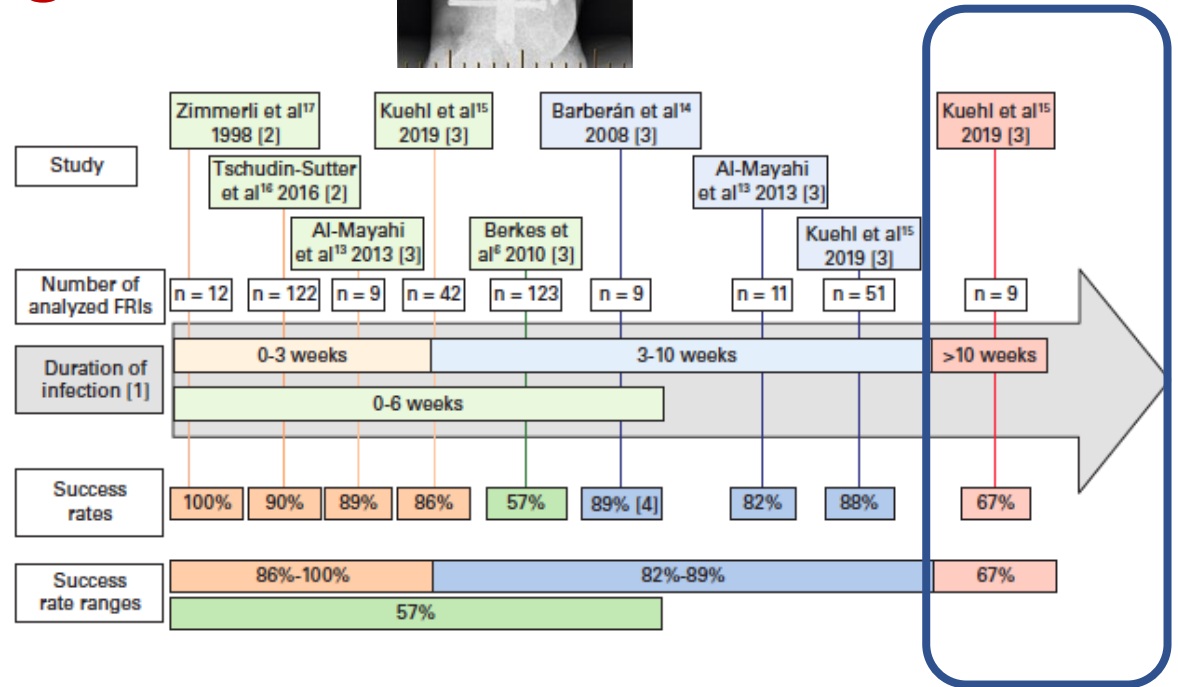
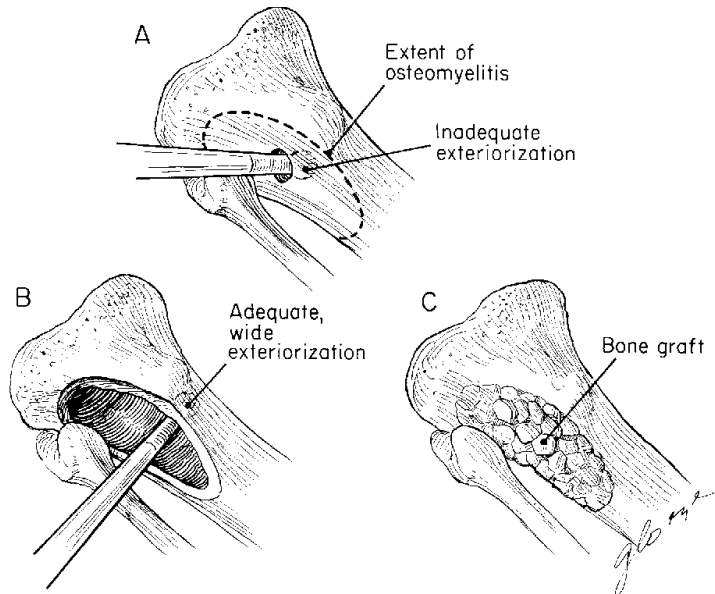
8-12 semanas



RECURRENCIAS



30%



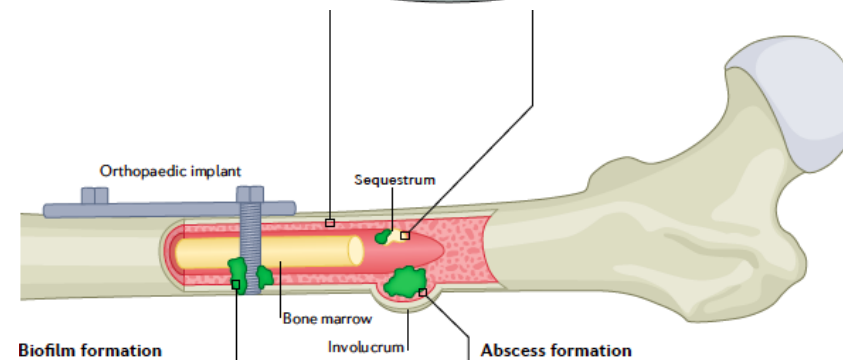
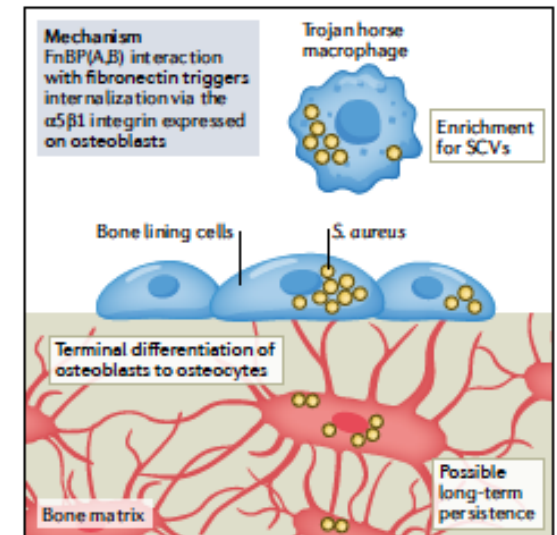
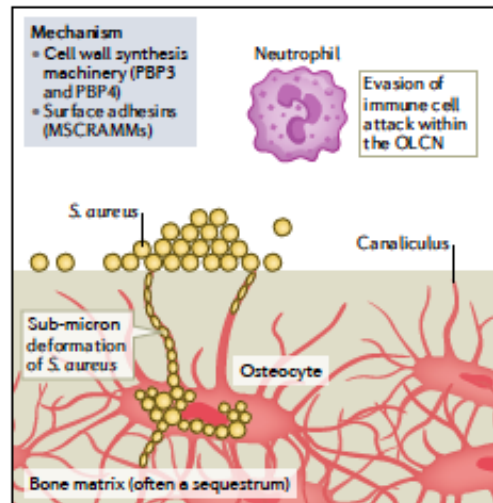
Morgersten M. The influence of duration of infection on outcome of debridement and implant retention in fracture-related infection. Bone Joint J 2021;103-B(2):213–221.

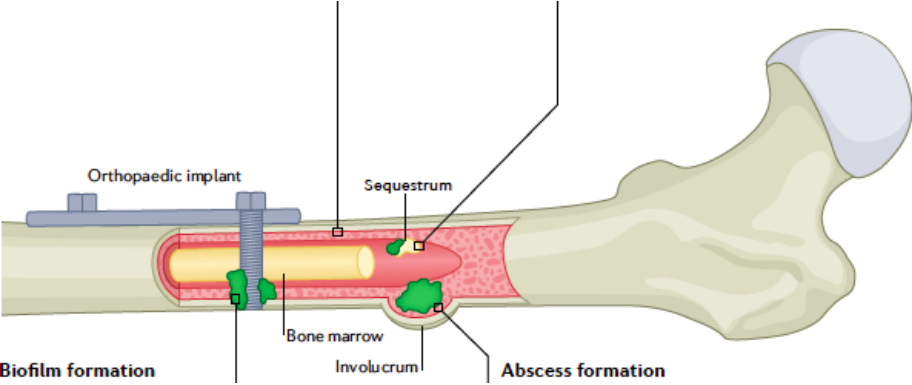
Tice AD. Outcomes of osteomyelitis among patients treated with outpatient parenteral antimicrobial therapy. Am J Med. 2003;114:723–8.

Simpson A. Chronic Osteomyelitis. The effect of the extent of surgical resection on infection. J Bone Joint Surg Br. 2001;83-B(3):403–407.

RECURRENCIAS

pH bajo
escasa disponibilidad de
oxígeno y nutrientes
infección intracelular
invasión del OLCS
microabscesos
agregados sinoviales





En estas
condiciones...

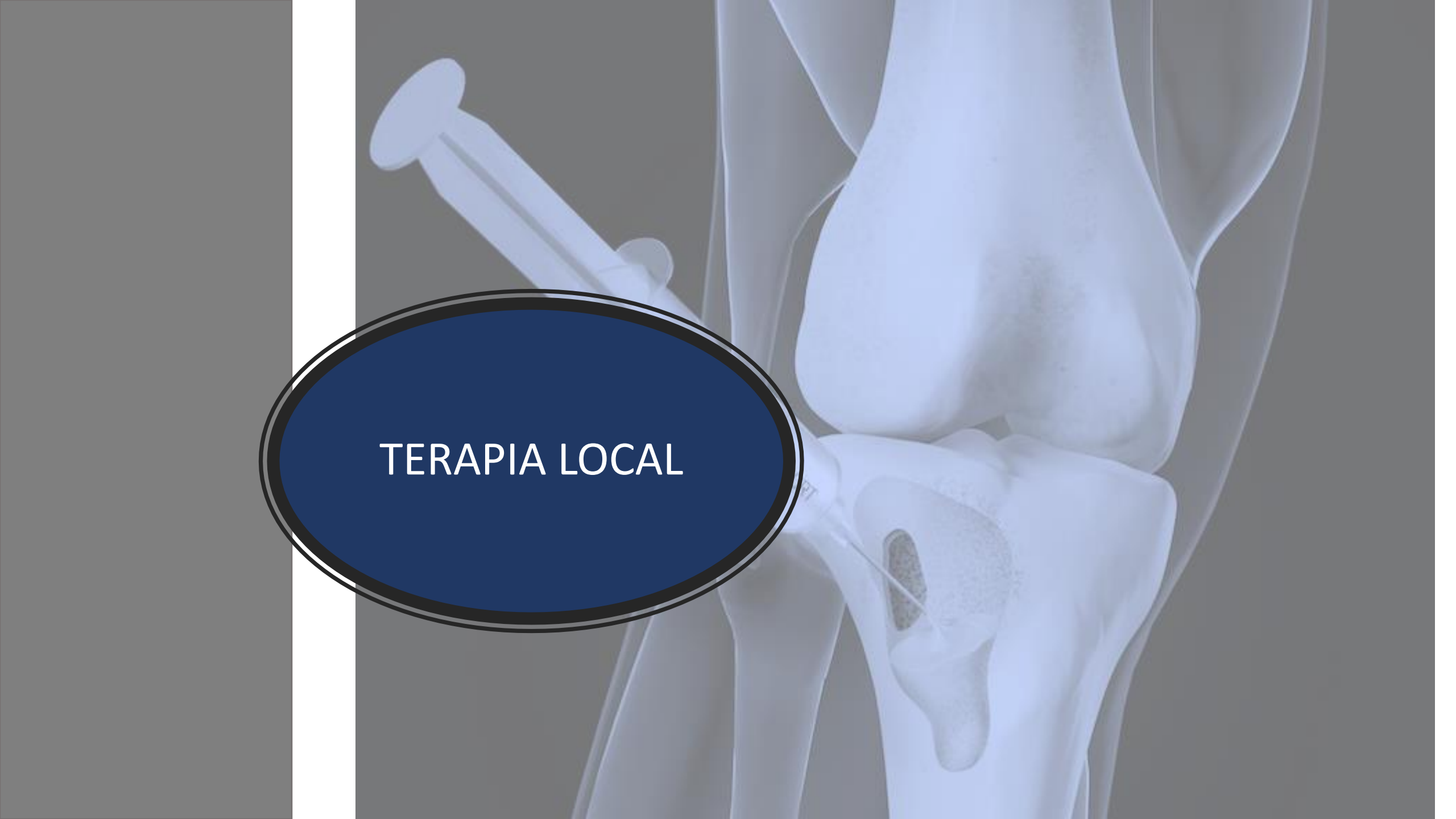
las concentraciones de antibióticos necesarias para erradicar
la infección **(100-1000 x CMI)**

NO son alcanzables con una antibioterapia
sistémica

Retirada de implantes
Resecciones radicales

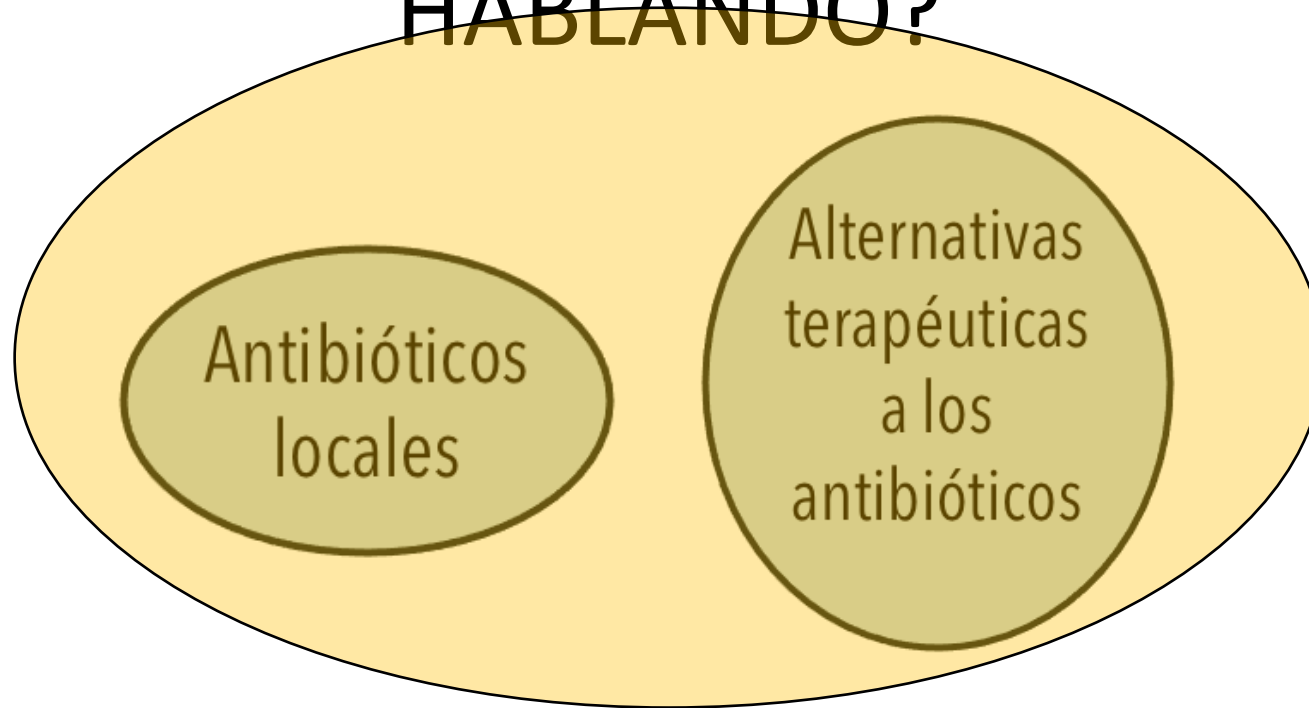
y/o

ALTERNATIVAS
a la antibioterapia
sistémica

An anatomical illustration of a human knee joint, showing the femur, tibia, and patella. A syringe is shown injecting fluid into the joint space. The background is a light blue gradient with a white vertical stripe on the left. A dark blue oval with a black border is overlaid on the left side of the image.

TERAPIA LOCAL

¿DE QUE ESTAMOS HABLANDO?



liberación sostenida
concentración adecuada
biodegradable

Limitar duración antibioterapia
sistémica
Acto quirúrgico único

Sustitutos óseos Nanomateriales

TERAPIA LOCAL



SUSTITUTOS ÓSEOS

cementos óseos (PMMA)
cerámicas biodegradables
cristales bioactivos

biocompatibles
estables
mecánicamente
porosos
permeables
biodegradables

Sustitutos óseos^{Atb}

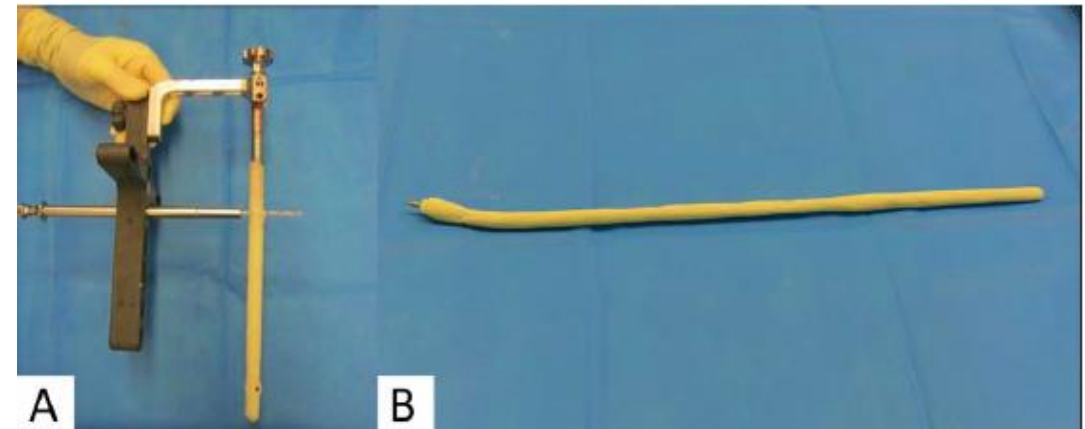
ausencia de toxicidad
sistémica
ausencia de toxicidad local
estabilidad térmica

CEMENTOS ÓSEOS-PMMA



Atb

PMMA

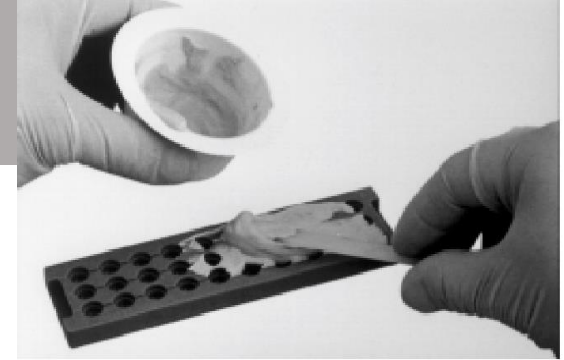


CHARNLEY J. Anchorage of the femoral head prosthesis to the shaft of the femur. J Bone Joint Surg Br. 1960

Buchholz HW. Infection prevention and surgical management of deep insidious infection in total endoprosthesis]. Chirurg. 1972.

PMMA **Atb**

NORMAS BÁSICAS



PMMA



Atb

Cambios en la viscosidad

Alteración de la rigidez

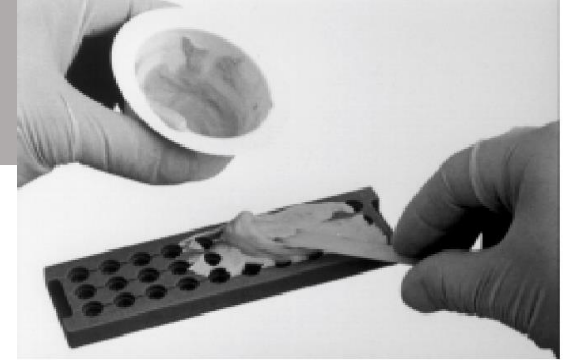
Modificación de la
resistencia mecánica

Forma de polvo

Hidrosolubles

Termoestables

PMMA **Atb**



RECOMENDACIONES PRÁCTICAS

Normas generales para garantizar la estabilidad mecánica

$\leq 4\text{g Atb}$ y
 $<10\%$ mezcla
por
40g PMMA

Evitar
 $>2 \text{ Atb}$

Atb
estériles
en polvo

Priorizar
preparados
comerciales

vancomicina
gentamicina
tobramicina
clindamicina

V + G

V + T

C + G



Preparados caseros “off label”

Linezolid
Daptomicina
Fosfomicina

Carbapenemes
Ciprofloxacino

Voriconazol

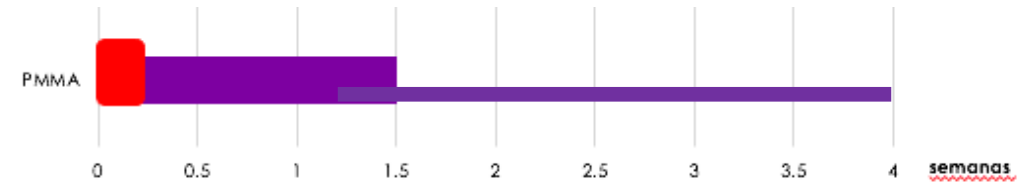
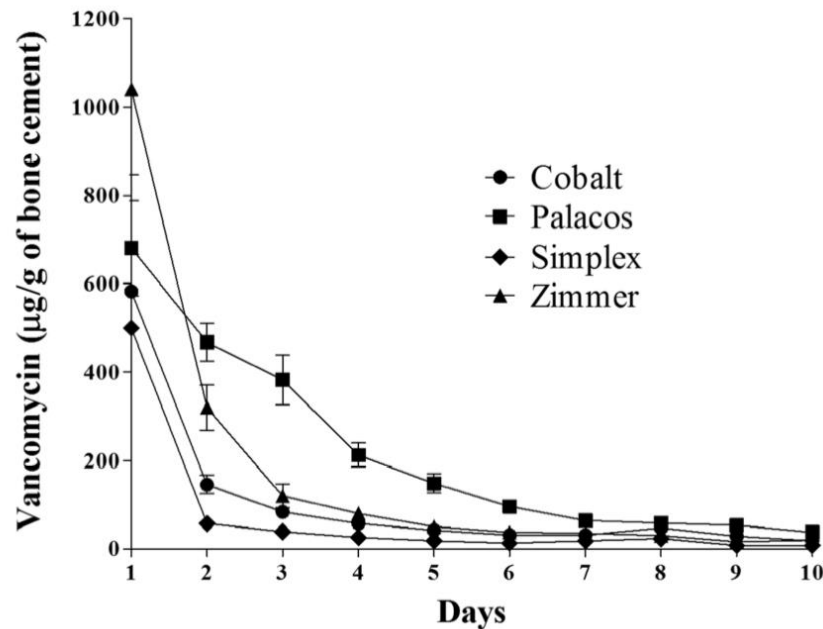
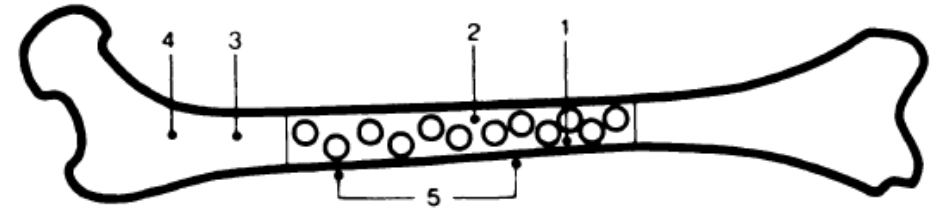
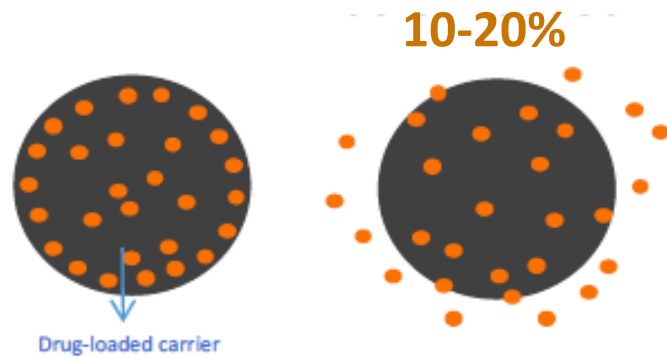
Cefalosporinas
Tetraciclinas

Rifampicina
Metronidazo

I
Anfotericina

B

LIBERACIÓN de antibióticos desde PMMA



concentraciones subterapéuticas
?promoción de resistencias

Meeker DG. Comparative Study of Antibiotic Elution Profiles From Alternative Formulations of Polymethylmethacrylate Bone Cement. J Arthroplasty. 2019;

Wahlig H, et al. The release of gentamicin from polymethylmethacrylate beads. An experimental and pharmacokinetic study. J Bone Joint

SUSTITUTOS ÓSEOS-PMMA



No es biodegradable

Cuerpo extraño

**Sustrato para la biopelícula
Requiere una segunda cirugía**

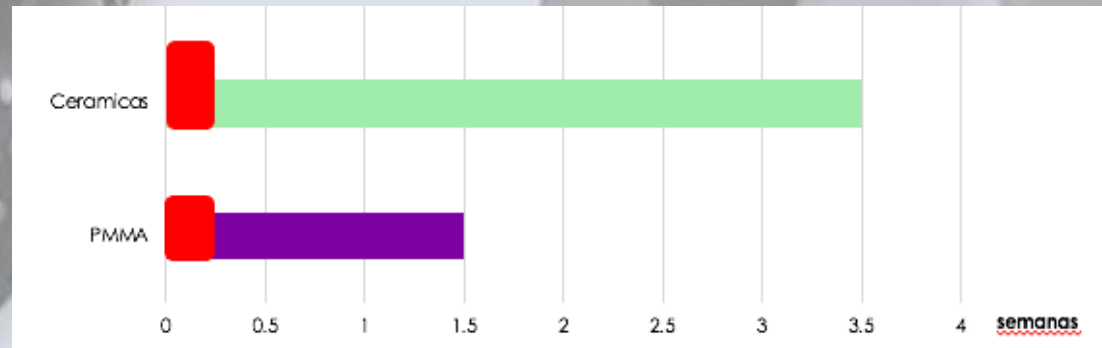


CERÁMICAS BIODEGRADABLES

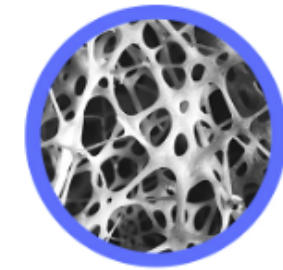
sulfato cálcico



tobramicina*
gentamicina*
vancomicina*



sulfato cálcico +
hidroxiapatita



Matrices



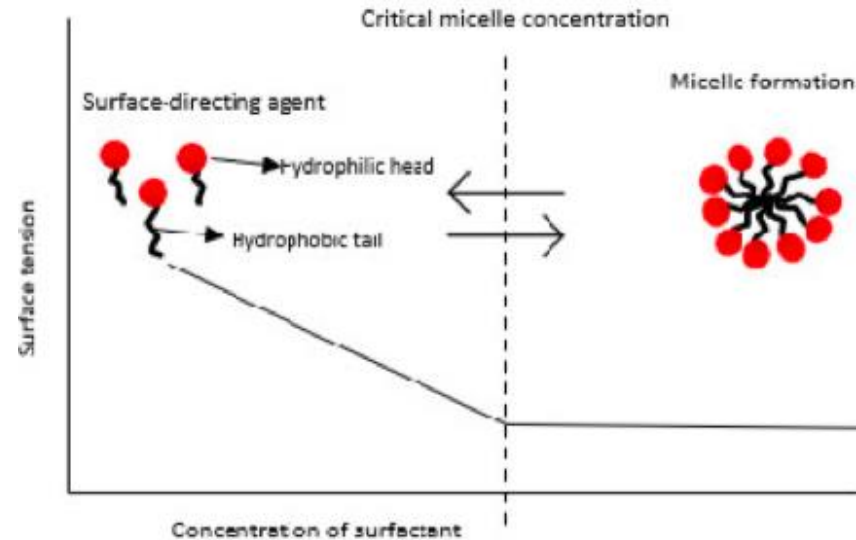
Ferguson JY. . The use of a biodegradable antibiotic-loaded calcium sulphate carrier containing tobramycin for the treatment of chronic osteomyelitis: a series of 195 cases. Bone Joint J. 2014.

Levack AE.. Identifying alternative antibiotics that elute from calcium sulfate beads for treatment of orthopedic infections. J Orthop Res. 2022.

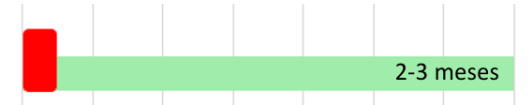
CERÁMICAS BIODEGRADABLES



Cristales bioactivos
BAG-S53P4^{Atb}



tobramicina
vancomicina
doxiciclina



Szewczyk A. Mesoporous Silica-Bioglass Composite Pellets as Bone Drug Delivery System with Mineralization Potential. Int J Mol Sci. 2021

Mistry S. Biological analysis of an innovative biodegradable antibiotic eluting bioactive glass/gypsum composite bone cement for treating experimental chronic MRSA osteomyelitis. J Pharm Anal. 2022

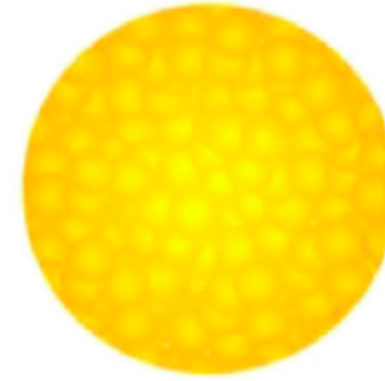
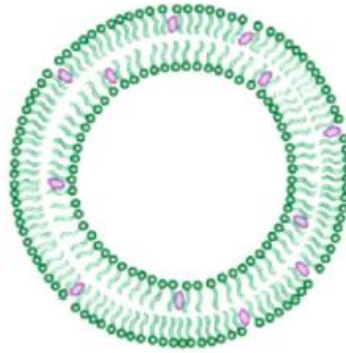
Almasri D. Prosthetic Joint Infections: Biofilm Formation, Management, and the Potential of Mesoporous Bioactive Glass as a New Treatment Option. Pharmaceuticals. 2023

Nanomateriales^{Atb}

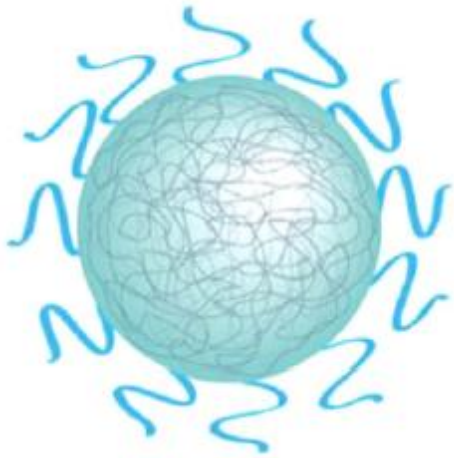
- Gran superficie de contacto
- Optimización liberación Atb (hidrofílicos o lipofílicos)
- Actividad antimicrobiana intrínseca (metales, chitosán)
- Dianas específicas
- Potencial actividad intracelular
- Muchos son biodegradables

Nanomateriales^{Atb}

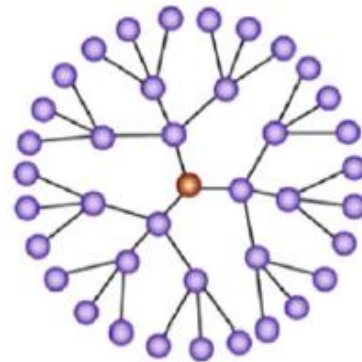
Liposomas



Metales
(plata, titanio)



Nanopartículas
Poliméricas
(**PLGA**, PEG,
chitosan)



Hidroxiapatita
Alginato cálcico
Silicio
mesoporoso



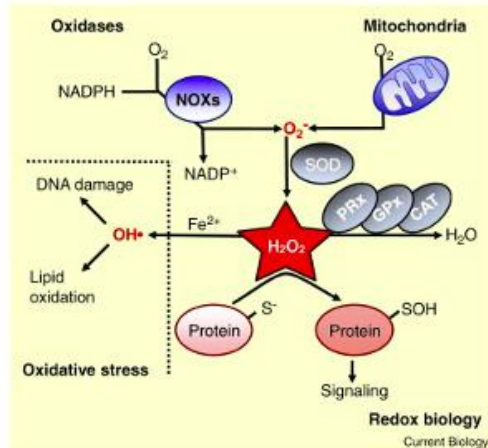
Fibroína (seda)

Nanomateriales

Limitaciones

Toxicidad

nanopartículas metálicas

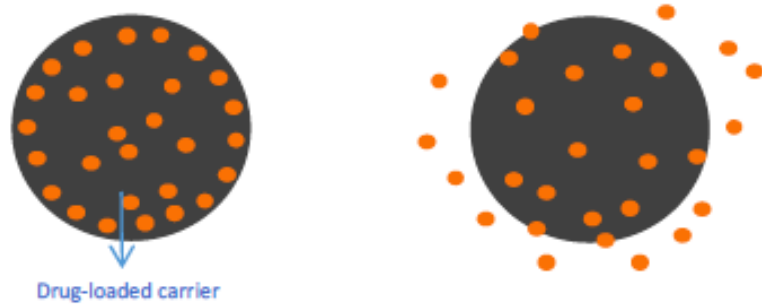


Transporte

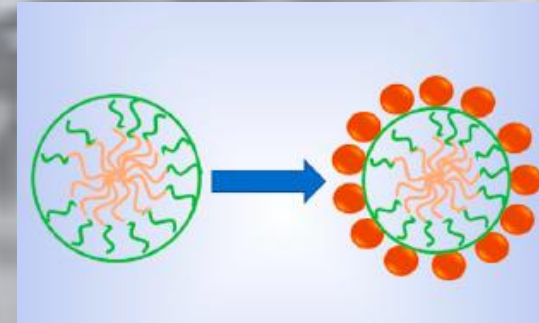
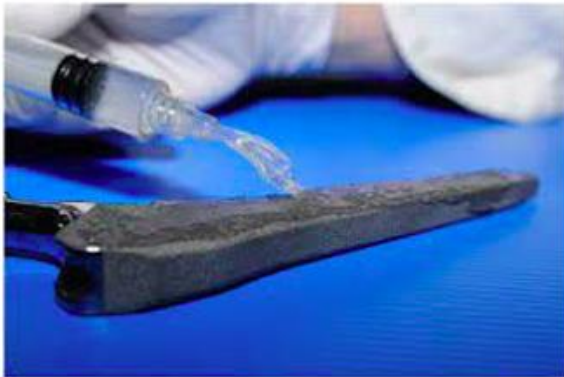
Hidrogeles



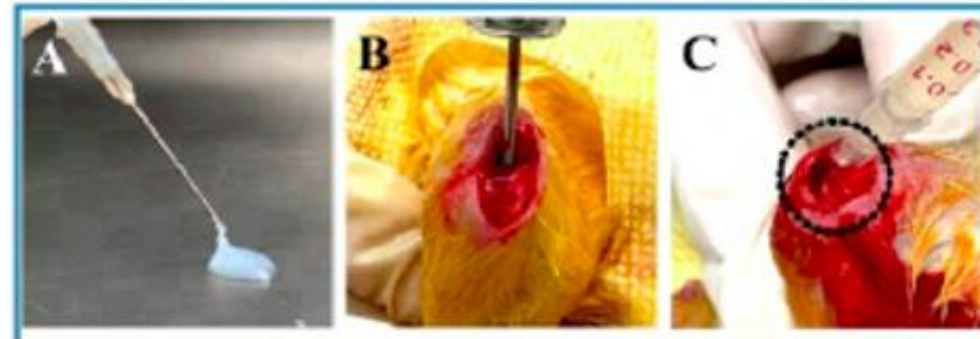
Hidrogeles



Profilaxis



Tratamiento



D'Este M. An Antibiotic-Loaded Hydrogel Demonstrates Efficacy as Prophylaxis and Treatment in a Large Animal Model of Orthopaedic Device-Related Infection. *Front Cell Infect Microbiol.* 2022;12:826392.

Zhang P. Vancomycin-loaded silk fibroin microspheres in an injectable hydrogel for chronic osteomyelitis therapy. *Front Bioeng Biotechnol.* 2023 ;11:1163933



"Penicillin can never do what surgery can do"